TOTAL RACE TIMING

CHIP TIMING · RACE RESULTS · totalracetiming.co.uk

Official Result Certificate

Certificate reference: TRT-103-294

This is to certify that

Lisa Appleton

Reepham Runners

completed the

EPIC North Walsham 5k

North Walsham Memorial Park, NR28 9AY. · Friday 28th June 2019

OFFICIAL CHIP TIME

00:22:47.6

Gun time	**00:22:50.3**
Overall position	**81st of 345 finishers**
Gender position	**8th (Female)**
Category position	**5th (FO)**
Bib number	**294**

This is an official result recorded by **Total Race Timing**, the event's chip timing provider. The times and positions above are taken from the official published results for the 5k (start 19:30, 28/06/2019) at TRT race 103. Chip time is measured from crossing the start mat to crossing the finish line; gun time is measured from the start signal.

DATE OF ISSUE

4th November 2026

Jon Beverley

Jon Beverley

Signed on behalf of Total Race Timing

Official results: https://totalracetiming.co.uk/raceresults/103/result/127/294

Enquiries: info@totalracetiming.co.uk

This certificate can be verified against the official results page above (5k, bib 294).