TOTAL RACE TIMING

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# Official Result Certificate

Certificate reference: TRT-379-186

*This is to certify that*

## Gary Mann

Norwich Road Runners

completed the

**Trowse 10k**

Trowse · Sunday 9th April 2023

**OFFICIAL CHIP TIME**

# 00:46:09.8

| | |
|---|---|
| Gun time | **00:46:21.0** |
| Overall position | **172nd of 640 finishers** |
| Gender position | **150th (Male)** |
| Category position | **29th (M50-54)** |
| Bib number | **186** |

This is an official result recorded by **Total Race Timing**, the event's chip timing provider. The times and positions above are taken from the official published results for the 10k (start 09:00, 09/04/2023) at TRT race 379. Chip time is measured from crossing the start mat to crossing the finish line; gun time is measured from the start signal.

DATE OF ISSUE

8th November 2026

Jon Beverley

**Jon Beverley**

Signed on behalf of Total Race Timing

Official results: https://totalracetiming.co.uk/raceresults/379/result/592/186

Enquiries: info@totalracetiming.co.uk

*This certificate can be verified against the official results page above (10k, bib 186).*