TOTAL RACE TIMING

CHIP TIMING · RACE RESULTS · totalracetiming.co.uk

Official Result Certificate

Certificate reference: TRT-528-373

This is to certify that

Sarah Lake

Dereham Runners AC

completed the

Dinosaur Dash

Roarr! Dinosaur Adventure · Friday 9th August 2024

OFFICIAL CHIP TIME

00:30:31.0

Gun time	**00:31:04.7**
Overall position	**166th of 281 finishers**
Gender position	**56th (Female)**
Category position	**14th (F40-44)**
Bib number	**373**

This is an official result recorded by **Total Race Timing**, the event's chip timing provider. The times and positions above are taken from the official published results for the 5k (start 19:30, 09/08/2024) at TRT race 528. Chip time is measured from crossing the start mat to crossing the finish line; gun time is measured from the start signal.

DATE OF ISSUE

6th November 2026

Jon Beverley

Jon Beverley

Signed on behalf of Total Race Timing

Official results: https://totalracetiming.co.uk/raceresults/528/result/858/373

Enquiries: info@totalracetiming.co.uk

This certificate can be verified against the official results page above (5k, bib 373).