TOTAL RACE TIMING

CHIP TIMING · RACE RESULTS · totalracetiming.co.uk

Official Result Certificate

Certificate reference: TRT-707-254

This is to certify that

Liam Frost

Great Yarmouth Road Runners

completed the

Lotus 5k

Lotus Cars, Hethel, near Wymondham, NR14 8EZ · Friday 12th June 2026

OFFICIAL CHIP TIME

00:21:39.6

Gun time	**00:21:43.6**
Overall position	**155th of 411 finishers**
Gender position	**140th (Male)**
Category position	**19th (M40-44)**
Bib number	**254**

This is an official result recorded by **Total Race Timing**, the event's chip timing provider. The times and positions above are taken from the official published results for the 5k (start 19:00, 12/06/2026) at TRT race 707. Chip time is measured from crossing the start mat to crossing the finish line; gun time is measured from the start signal.

DATE OF ISSUE

3rd November 2026

Jon Beverley

Jon Beverley

Signed on behalf of Total Race Timing

Official results: https://totalracetiming.co.uk/raceresults/707/result/1202/254

Enquiries: info@totalracetiming.co.uk

This certificate can be verified against the official results page above (5k, bib 254).