TOTAL RACE TIMING

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# Official Result Certificate

Certificate reference: TRT-721-1183

*This is to certify that*

## Jason Sparkes

Lonely Goat RC

completed the

**East Coast 10k**

Great Yarmouth · Sunday 1st November 2026

**OFFICIAL CHIP TIME**

# 00:46:06.6

| | |
|---|---|
| Gun time | **00:46:59.4** |
| Overall position | **331st of 1,142 finishers** |
| Gender position | **300th (Male)** |
| Category position | **35th (M45-49)** |
| Bib number | **1183** |

This is an official result recorded by **Total Race Timing**, the event's chip timing provider. The times and positions above are taken from the official published results for the 10k (start 10:00, 01/11/2026) at TRT race 721. Chip time is measured from crossing the start mat to crossing the finish line; gun time is measured from the start signal.

DATE OF ISSUE

5th November 2026

Jon Beverley

**Jon Beverley**

Signed on behalf of Total Race Timing

Official results: https://totalracetiming.co.uk/raceresults/721/result/1235/1183

Enquiries: info@totalracetiming.co.uk

*This certificate can be verified against the official results page above (10k, bib 1183).*