TOTAL RACE TIMING

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# Official Result Certificate

Certificate reference: TRT-721-855

*This is to certify that*

## Simon Cook

Lowestoft Road Runners

completed the

**East Coast 10k**

Great Yarmouth · Sunday 1st November 2026

**OFFICIAL CHIP TIME**

# 00:35:53.8

| | |
|---|---|
| Gun time | **00:35:59.0** |
| Overall position | **21st of 1,142 finishers** |
| Gender position | **21st (Male)** |
| Category position | **3rd (M45-49)** |
| Bib number | **855** |

This is an official result recorded by **Total Race Timing**, the event's chip timing provider. The times and positions above are taken from the official published results for the 10k (start 10:00, 01/11/2026) at TRT race 721. Chip time is measured from crossing the start mat to crossing the finish line; gun time is measured from the start signal.

DATE OF ISSUE

5th November 2026

Jon Beverley

**Jon Beverley**

Signed on behalf of Total Race Timing

Official results: https://totalracetiming.co.uk/raceresults/721/result/1235/855

Enquiries: info@totalracetiming.co.uk

*This certificate can be verified against the official results page above (10k, bib 855).*