TOTAL RACE TIMING

CHIP TIMING · RACE RESULTS · totalracetiming.co.uk

Official Result Certificate

Certificate reference: TRT-88-474

This is to certify that

Helen Bowen

Mateswhorun

completed the

Abbey 10k

Ramsey · Sunday 30th June 2019

OFFICIAL CHIP TIME

01:04:33.6

Gun time	**01:05:05.5**
Overall position	**312th of 395 finishers**
Gender position	**122nd (Female)**
Category position	**21st (F45-49)**
Bib number	**474**

This is an official result recorded by **Total Race Timing**, the event's chip timing provider. The times and positions above are taken from the official published results for the 10k (start 10:30, 30/06/2019) at TRT race 88. Chip time is measured from crossing the start mat to crossing the finish line; gun time is measured from the start signal.

DATE OF ISSUE

5th November 2026

Jon Beverley

Jon Beverley

Signed on behalf of Total Race Timing

Official results: https://totalracetiming.co.uk/raceresults/88/result/118/474

Enquiries: info@totalracetiming.co.uk

This certificate can be verified against the official results page above (10k, bib 474).